

# ILSA PAPUNEN

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## EDUCATION

### **Boston College – Chestnut Hill, MA**

Bachelor of Arts in Psychology, Clinical Concentration

*Graduated in three years with Advanced Standing*

*College of Arts & Sciences Honors Program*

**August 2016 to May 2019**

## RESEARCH EXPERIENCE

### **Research Coordinator (full-time)**

**January 2024 to Present**

*Juvenile Justice Research and Reform Lab - Philadelphia, PA*

Supervisors: Naomi Goldstein, Ph.D., Amanda NeMoyer, J.D., Ph.D.

- Contributes to mixed methods and Community-Based Participatory Action research projects, including a large-scale randomized controlled trial within the School District of Philadelphia, an evaluation of a city-wide effort to increase access to criminal record clearing, and a multi-county evaluation of juvenile diversion reforms
- Coordinates, implements, and evaluates record-clearing clinics throughout Philadelphia in collaboration with local community and legal organizations
- Creates and manages project databases and research data; cleans, prepares, and analyzes data
- Drafts and manages IRB amendment submissions, assists with preparation of grant applications
- Oversees lab administrative activities, including financial reconciliation
- Trains undergraduate and graduate research assistants and staff to recruit project participants and conduct assessments
- Prepares user-friendly presentations and reports for community stakeholders

### **Manuscripts/Reports**

**Papunen, I.,** NeMoyer, A., DeYoung, L., Anjaria, N., Eom, K., McKeon, K., Hare, N., Kessler, J., & Goldstein, N. E. (2024).

*The Promise's record clearing initiative: Two years of clinics in Philadelphia.* Juvenile Justice Research and Reform Lab, Drexel University.

NeMoyer, A., McPhee, J., **Papunen, I.,** Kreimer, R., & Goldstein, N. E. (under contract, submitted). Consultation and program development: Juvenile probation. In K. Heilbrun & D. DeMatteo (Eds.), *Community-Based Psychological Services with Justice-Involved Individuals.* Oxford.

Goldstein, N. E., Parker, L. E., Anjaria, N., NeMoyer, A., Kreimer, R., Pollard, A., Le, T., Gardella, J., **Papunen, I.,** Gray, A., Fink, R., & Bethel, K. (in preparation). Changing the role of school officers: A stepwise, participatory action research approach to developing and implementing a manualized positive school safety intervention.

NeMoyer, A., DeYoung, L., **Papunen, I.,** Anjaria, N., Eom, K., McKeon, K., Kessler, J., Hare, N., & Goldstein, N. E. (in preparation). Clearing the way: The promise of a comprehensive record clearing initiative in Philadelphia.

Hare, N., Kessler, J., NeMoyer, A., DeYoung, L., **Papunen, I.,** Eom, K., Anjaria, N., McKeon, K., & Goldstein, N. E. (in preparation). Managing stigma with a criminal record: The role of self-esteem and gender in the relationship between stigma management and employment.

Eom, K., McKeon, K., NeMoyer, A., DeYoung, L., Kessler, J., **Papunen, I.,** & Goldstein, N. E. (in preparation). Age at initial arrest and employment outcomes: Exploring earnings and job satisfaction among individuals with criminal records.

Goldstein, N. E., NeMoyer, A., Anjaria, N., Ing, C., Easie, A., DeMatteo, E., Anderson, K., Hare, N., & **Papunen, I.** (in preparation). Motivations for criminal record clearing: Desire to obtain a firearm in urban neighborhoods.

### **Conference Presentations**

**Papunen, I.,** DeYoung, L., NeMoyer, A., Hare, N., Anjaria, N., McKeon, K., Anderson, K., & Goldstein, N. E. (under review).

Two years of criminal record clearing clinics in Philadelphia: Results of a research-practitioner partnership. In N. Goldstein & L. DeYoung (Chairs), *Criminal records and economic disadvantage: Results and insights from a record clearing initiative in Philadelphia.* Symposium submitted for presentation at the annual conference of the American Psychology-Law Society, San Juan, Puerto Rico.

DeYoung, L., **Papunen, I.**, NeMoyer, A., Eom, K., & Goldstein, N. E. (under review). Community-based record clearing as a poverty reduction strategy: A citywide initiative in Philadelphia. In N. Goldstein & L. DeYoung (Chairs), *Criminal records and economic disadvantage: Results and insights from a record clearing initiative in Philadelphia*. Symposium submitted for presentation at the annual conference of the American Psychology-Law Society, San Juan, Puerto Rico.

Hare, N., Kessler, J., NeMoyer, A., **Papunen, I.**, Easie, A., DeMatteo, E., & Goldstein, N. E. (under review). Strength in connections: The role of social support in the relationship between access to government benefits and food insecurity among individuals with a criminal record. In N. Goldstein & L. DeYoung (Chairs), *Criminal records and economic disadvantage: Results and insights from a record clearing initiative in Philadelphia*. Symposium submitted for presentation at the annual conference of the American Psychology-Law Society, San Juan, Puerto Rico.

Goldstein, N. E., NeMoyer, A., Kreimer, R., Kessler, J., & **Papunen, I.** (under review). Unveiling Philadelphia's new Youth Policing Strategy Committee: A research-practice partnership. Paper submitted for presentation at the annual conference of the American Psychology-Law Society, San Juan, Puerto Rico.

Eom, K., McKeon, K., NeMoyer, A., DeYoung, L., Anjaria, N., Anderson, K., Easie, A., Lopez, D., Cheng, H., Barsky, S. B., **Papunen, I.**, Felton, A., Agli, J., Kina, F., & Goldstein, N. E. (September 2024). A place of one's own: Housing, family support, and stress among individuals with criminal records. Poster presented at the National Institute of Justice (NIJ) National Research Conference, Pittsburgh, PA.

### **Invited Talks**

Anjaria, N., Willingham, A., Tune, A. C., **Papunen, I.**, & Goldstein, N. E. (September 2024). Positive School Safety Program (PSSP) for School Climate Staff: Trauma-informed school safety and curriculum training, sessions 3-6. Professional development workshop for school climate staff, School District of Philadelphia, Philadelphia, PA.

Anjaria, N., Tune, A. C., **Papunen, I.**, & Goldstein, N. E. (August 2024). Positive School Safety Program (PSSP) for School Climate Staff: Trauma-informed school safety and introduction to the PSSP (Day 2). Professional development workshop for school climate staff, School District of Philadelphia, Philadelphia, PA.

Goldstein, N. E., Anjaria, N., Willingham, A., Tune, A. C., and **Papunen, I.** (August 2024). Positive School Safety Program (PSSP) for School Climate Staff: Trauma-informed school safety and introduction to the PSSP (Day 1). Professional development workshop for school climate staff, School District of Philadelphia, Philadelphia, PA.

Goldstein, N. E., Anjaria, N., Willingham, A., Tune, A. C., and **Papunen, I.** (August 2024). Positive School Safety Program for School Climate Staff: Coaches' Training. Professional development workshop for school climate managers, School District of Philadelphia, Philadelphia, PA.

### **Grant Proposal**

*Facilitating Evidence-Based, Data-Driven Youth-Police Policy and Practice: A Field-Initiated Action Research Partnership between the Philadelphia Police Department and Drexel University's Juvenile Justice Research and Reform Lab*

National Institute of Justice

Proposed Role: Key Personnel & Proposal Co-Author (PI: N. Goldstein)

Proposed Project Dates: 2025-2028

Under Review (Submitted June 2024)

### **Clinical Research Technician** (full-time)

**October 2021 to September 2023**

*University of Michigan, Department of Psychiatry, Ilgen Lab/Ann Arbor VA Hospital - Ann Arbor, MI*

PIs: Mark Ilgen, Ph.D., Lewei Allison Lin, M.D., M.S.

Supervisor: Mandy Lewis, M.S.

- Engaged in participant recruitment, screening, and informed consent process remotely and at area clinics for a federally-funded randomized controlled trial (the Persist Study) while independently developing relationships with community partners
- Led medical chart review recruitment process, collaborated with study team and principal investigators to improve yield and direct team effort
- Conducted participant assessments including structured clinical interviews, building rapport and maintaining study enrollment while remaining sensitive to diverse circumstances and needs
- Entered accurate data and maintained up-to-date project records, independently developed and updated standard operating procedures (SOPs) as project evolved

- Assisted in preparation of materials for grant submissions, creation of poster presentations and project promotional material
- Trained to identify and properly report adverse events, conducted suicide and overdose risk assessments as needed
- Maintained confidentiality of study data, identified and promptly addressed protocol deviations
- Hired by the Ann Arbor VA Hospital as a Without Compensation employee in order to recruit and enroll Veteran participants

*Poster presentation:*

Matharu, H., **Papunen, I.**, Bourgoise, M., Priest, W., Ashe, D., Lewis, M., Yeagley, E., Lin, L., & Ilgen, M. (2023, May). *Examining Socioeconomic Context of Patients Receiving Buprenorphine for Opioid Use Disorder*. Albert J. Silverman Research Conference, Ann Arbor, Michigan, United States.

**Research Assistant**

**January 2019 to April 2019**

*William James College - Newton, MA*

Supervisor: Nathalie Alexis, Psy.D

- Transcribed recorded participant interviews for research involving survivors of sexual assault
- Collaborated with head researcher to determine qualitative coding criteria to measure participant attitudes toward sexual assault survivor representation in media
- Coded interview transcripts
- Maintained confidentiality of study data

**CLINICAL EXPERIENCE**

**Shelter/Helpline Volunteer**

**May 2022 to August 2022**

*SafeHouse Center - Ann Arbor, MI*

- Trained to provide trauma-informed crisis intervention, advocacy, education and practical assistance to survivors of domestic violence and sexual assault both in the shelter and on the phone
- Assisted with shelter upkeep and organization to provide a safe, clean and welcoming environment for residents
- Answered helpline calls and connected callers to appropriate resources, triaged crisis situations with staff supervision
- Maintained a high level of security and confidentiality to ensure the safety of service participants

**Operations Coordinator (full-time)**

**September 2020 to July 2021**

*Lifescence Health, formerly Commonwealth Psychology Associates - Boston, MA*

- Served as a point of first contact for clients, handling administrative tasks and clinical matters with empathy, professionalism, and efficiency
- Worked as part of a three-person team in constant communication with clinical staff to oversee prescriber schedules and provide administrative support for all clinicians assigned to Newton-Wellesley office location
- Supported clients in accessing telehealth appointments, navigating insurance and billing issues, and completing necessary paperwork
- Engaged with clients during appointment check-in and check-out on secure telehealth platform to schedule follow-up appointments, complete intake process, and answer nonclinical questions
- Coordinated client medication refills, insurance changes, and prior authorizations
- Fielded client phone calls and assessed clinical urgency, assisted intake team in screening first-time callers
- Collaborated with operations staff from all six offices to complete daily tasks and long-term projects
- Created updated training materials for clinical and operations staff reference during transition to new patient management system

**Neuropsychological Testing Technician (full-time)**

**August 2019 to September 2020**

*Lifescence Health, formerly Commonwealth Psychology Associates - Boston, MA*

- Administered and scored comprehensive neuropsychological and psychological testing batteries to a diverse clinical population under the supervision of seven neuropsychologists

- Assessed cognitive and behavioral symptoms associated with intellectual and learning disabilities, Attention Deficit/Hyperactivity Disorder, Traumatic Brain Injury, neurocognitive disorders, Autism Spectrum Disorder, anxiety and mood disorders, personality disorders, etc. in patients of all ages (pediatric/adult/geriatric)
- Recorded detailed behavioral observations regarding the patient's effort, affect, attitude, and approach during testing
- Maintained up-to-date knowledge of testing measures; trained other technicians on administration and scoring procedures
- Created stimulus, procedures, and training guides for remote testing (tele-testing and "hybrid" testing)
- Managed administrative responsibilities (e.g. ordering testing materials, mailing neuropsychology reports to patients and outside providers, filing raw data, closing and organizing completed data charts, assisting in clinician credentialing procedures)

### **Bachelor's Level Intern**

**January 2019 to May 2019**

*Victory Programs Living and Recovering Community - Jamaica Plain, MA*

- Coordinated with staff clinicians and student volunteers to plan and facilitate two group therapy sessions per week
- Recorded notes for group therapy sessions, maintained client confidentiality
- Engaged with clients on the milieu, building rapport and fostering interest in therapeutic interventions while remaining sensitive to differing client needs and abilities
- Assisted in trauma-informed conflict mediation and keeping clients focused on their recovery
- Attended weekly staff meetings (clinical rounds), participated in case presentations and discussion
- Assisted front desk staff as needed, taking phone calls and establishing intake clients

### **LEADERSHIP AND OTHER EXPERIENCE**

#### **Publicity Director, Summer Operations Director December 2017 to December 2018**

*WZBC 90.3 FM Executive Board - Newton, MA*

- Responsible for physical and financial upkeep of the station, including financial bookkeeping and maintaining vendor relationships
- Involved in planning and organization of major station remodel
- Attended weekly meetings with board and faculty advisor
- Created promotional material for station including merchandise
- Maintained social media accounts and facilitated community outreach

#### **Graphic Designer & Photography Technician September 2017 to September 2018**

*Boston College Media Technology Services - Chestnut Hill, MA*

- Fulfilled personalized graphics requests for university organizations and faculty using Adobe Creative Suite software
- Communicated directly with clients and coordinated multiple projects concurrently
- Attended weekly meetings with board and faculty advisor
- Photographed campus events, took professional headshots
- Printed and assembled large-scale graphics projects

### **SKILLS AND CERTIFICATIONS**

- REDCap, Qualtrics, SPSS, Microsoft Excel, Microsoft Access
- Adobe Photoshop, Premiere Pro, InDesign, Illustrator
- EPIC/MyChart Electronic Health Records Software, Valant Electronic Health Records Suite, AdvancedMD Practice Management & Electronic Health Records Software (HIPAA compliant)
- CITI Certifications - Social and Behavioral Research, Good Clinical Practice
- Adult First Aid/CPR/AED Certified, Overdose Prevention and Naloxone Administration Trained
- Certification in Psychological First Aid from the National Center for PTSD and the National Child Traumatic Stress Network