

# Lea Parker

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## Education

2019 - present      **Drexel University**, Philadelphia, PA  
Expected 2024      **Ph.D., Clinical Psychology**, Forensic Psychology Concentration

2015                    **Harvard University**, Cambridge, MA  
                            **A.B., Psychology**

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## Grants and Other Funding Support

2022 – 2024      *Reducing School Violence and Enhancing School Safety: Implementing and Evaluating the Positive School Safety Program for School Climate Staff*  
National Institutes of Justice  
Role: Co-Author (PI: N. Goldstein)  
\$846,000

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## Publications

### Peer-Reviewed Articles

Bulger, E., Johnson, P., **Parker, L.**, Moloney, K.E., Roberts, M.K., Vaziri, N., Seo, S., Nehra, D., Thomas, P., & Zatzick, D. A nationwide survey of trauma center screening and intervention practices for posttraumatic stress disorder, firearm violence, mental health, and substance use disorders. Submitted for Publication.

Engstrom, A., Nguyen, J., Roberts, M., **Parker, L. E.**, Moodliar, R., Scheuer, H., Moloney, K., Wang, J., Russo, J., & Zatzick, D. A pragmatic clinical trial approach to assessing and monitoring suicidality: Results from a national US trauma care system study. Submitted for Publication.

Burke, S., McPhee, J., **Parker, L. E.**, April, K., McKitten, R., & Goldstein, N. E. S. Development and initial evaluation of a model program for improving law enforcement officers' relationships and interactions with youth of color. Submitted for Publication.

Gardella, J.H., Kreimer, R., Le, T., **Parker, L.E.**, Pollard, A., Gray, A., Fink, R., Bethel, K., & Goldstein, N.E. Changing the role of school officers: A participatory action research, step-wise approach to developing and implementing a manualized positive school policing intervention. Submitted for Publication.

Zatzick, D., Jurkovich, G., Heagerty, P., Russo, J., Darnell, D., **Parker, L.**, Roberts, M., Moodliar, R., Engstrom, A., Wang, J., Bulger, E., Whiteside, L., Nehra, D., Palinkas, L., Moloney, K., Maier, R. (2021). Stepped collaborative care targeting posttraumatic stress disorder symptoms and comorbidity for US trauma care systems. *JAMA Surgery*. Advance Online Publication.

Roberts, M.K., Fisher, D., **Parker, L.E.**, Darnell, D., Sugarman, J., Carrithers, J., Jurkovich, G., & Zatzick, D. (2020). Ethical and regulatory concerns in pragmatic clinical trial monitoring and oversight. *Ethics & Human Research* 42(5), 29-37.

Darnell, D.A., **Parker, L.E.**, Engstrom, A., Fisher, D., Diteman, K.D., Dunn, C. (2019). Evaluation of a Level 1 trauma center provider training in patient-centered alcohol brief interventions using the Behavior Change Counseling Index (BECCI) rated by standardized patients. *Trauma Surgery & Acute Care Open*.

Darnell, D.A., **Parker, L.E.**, Engstrom, A., Fisher, D., Diteman, K.D., Dunn, C. (2019). Pragmatic quality assessment of brief health behavior change interventions: Evidence for criterion-related validity of the Behavior Change Counseling Index. *Journal of Clinical Medicine Research*.

Bhatia-Lin, A., Boon-Dooley, A., Roberts, M.K., Pronai, C., Fisher, D., **Parker, L.**, Engstrom, A., Ingraham, L., Darnell, D. (2019). Ethical and regulatory considerations for using social media platforms to locate and track research participants. *American Journal of Bioethics*, 19(6), 47-61.

Darnell, D. A., **Parker, L. E.**, Wagner, A. W., Dunn, C. W., Atkins, D. C., Dorsey, S., & Zatzick, D. F. (2018). Task-shifting to improve the reach of mental health interventions for trauma patients: findings from a pilot study of trauma nurse training in patient-centered activity scheduling for PTSD and depression. *Cognitive Behaviour Therapy*, 1-15.

Zatzick, D., Russo, J., Thomas, P., Darnell, D., Teter, H., Ingraham, L., Whiteside, L.K., Wang, J., Guiney, R., **Parker, L.**, & Sandgren, K. (2018). Patient-centered care transitions after injury hospitalization: A comparative effectiveness trial. *Psychiatry*, 1-17.

Kelly, C. M., Van Eaton, E. G., Russo, J. E., Kelly, V. C., Jurkovich, G. J., Darnell, D. A., Whiteside, L.K., Wang, J., **Parker, L.E.**, Payne, T.H., Mooney, S. D., Bush, N., & Zatzick, D.F. (2017). Technology use, preferences, and capacity in injured patients at risk for posttraumatic stress disorder. *Psychiatry*, 80(3), 279-285.

### **Book Chapters**

Brogan, L.A., NeMoyer, A., **Parker, L.E.**, Goldstein, E.S. (In Press). Adolescent development and juvenile justice. In R. Roesch (Ed.) *Routledge Encyclopedia of Psychology in the Real World*.

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## **Professional Presentations**

### **National and International Conferences (Peer Reviewed)**

**Parker, L. E.**, NeMoyer, A., Le, T., Pollard, A., Taylor, A., Anjaria, N., Kreimer, I., Lildharrie, C., Eom, K., Gale-Bentz, E., & Goldstein, N. E. S. (March 2022). *The roles of suspension and race in school dropout among arrested youth with and without IEPs* [Oral Presentation]. American Psychology-Law Society Annual Conference, Denver, CO.

McPhee, J., **Parker, L.**, Brogan, L., Kreimer, I., & Goldstein, N. E. S. (March 2022). *Judicial staff's placement decisions: What risk assessments really mean to decisions makers* [Oral Presentation]. American Psychology-Law Society Annual Conference, Denver, CO.

Pollard, A., Rudd, B., Gardella, J., **Parker, L.**, DeYoung, L., Kreimer, R., Le, T., Allen, J., Heliodoro, S., & Goldstein, N. E. S. (March 2022). *The role of previous professional experience in school safety officers' job perceptions* [Oral Presentation]. American Psychology-Law Society Annual Conference, Denver, CO.

Gardella, J., **Parker, L. E.**, Rudd, B., Pollard, A., Kreimer, R., Le, T., & Goldstein, N. E. S. (June 2021). *Changing the role of school officers: A participatory action research approach to developing and implementing a manualized positive school safety coaching program* [Poster]. SCRA Biennial Conference on Community Research and Action, Virtual Session.

**Parker, L. E.**, Gardella, J., McPhee, J., Pollard, A., Kreimer, R., Le, T., & Goldstein, N. E. S. (March 2021). *Trauma-focused knowledge and behaviors among school safety officers* [Poster]. American Psychology-Law Society Annual Conference, Virtual Session.

Pollard, A., NeMoyer, A., Le, T., Kreimer, R., Guo, S., Taylor, A., **Parker, L.** & Goldstein, N. E. S. (March 2021). *Disrupting youth's education: School transfer arrest and its impact on students' ongoing enrollment* [Poster]. American Psychology-Law Society Annual Conference, Virtual Session.

Lankford, C., Fishel, S., Charles, D., Flack, D., **Parker, L.**, Swenson, A., Wiltsie, K., & Heilbrun, K. (March 2021). *Reentry services and telehealth: problems, impact, possible solutions and research implications* [Poster]. American Psychology-Law Society Annual Conference, Virtual Session.

**Parker, L. E.**, NeMoyer, A., Gardella, J., Kreimer, R., Le, T., Pollard, A., Fink, R., Gray, A., & Goldstein, N.E. (March 2020). *Trauma-sensitive practices among school police officers: Understanding the missing links between training and practice* [Oral Presentation]. American Psychology-Law Society Annual Conference, New Orleans, LA.

Brogan, L., Goldstein, N.E., McPhee, J., Gale-Bentz, E., **Parker, L.**, Calio, E., & Greberman, E. (March 2020). *Using community-based, participatory action research to reform juvenile probation practices* [Oral Presentation]. American Psychology-Law Society Annual Conference, New Orleans, LA.

Darnell, D., Diteman, K., Fisher, D., **Parker, L.**, Engstrom, E., & Dunn, C. (September 2019). *Pragmatic measurement of the quality of healthcare provider patient-centered behavior change counseling using the Behavior Change Counseling Index (BECCI)* [Oral Presentation]. 5th Society for Implementation Research Collaboration Biennial Conference, Seattle, WA.

**Parker, L.**, Darnell, D., Wang, J., & Zatzick, D. (October 2018). *Health-promoting institutional community resources and recovery after trauma* [Poster]. Midwest ECO Conference, Chicago, IL.

Zatzick, D., Russo, J., Whiteside, L., **Parker, L.**, Engstrom, A., Wang, J., Mooney, S., Heagerty, P., & Palinkas, L. (March 2017). *Integrating patient-reported data in acute care medical pragmatic trials* [Oral Presentation]. 38th Annual Meeting of the Society of Behavioral Medicine (SBM), San Diego, CA.

Ingraham, L., **Parker, L.**, Darnell, D., Guiney, R., Wang, J., Colosi, P. & Zatzick, D. (November 2016). *Greater increased risk of lifetime trauma exposures in veteran versus civilian hospitalized physical injury survivors* [Poster]. International Society for Traumatic Stress Studies Annual Conference, Dallas, TX.

Zatzick, D., Russo, J., Darnell, D., Wang, J., **Parker, L.E.**, Guiney, R., Ingraham, L., Whiteside, L., Van Eaton, E. & Jurkovich, G. (November 2016). *Enhancing the population impact of PTSD and comorbidity screening* [Panel Presentation]. International Society for Traumatic Stress Studies Annual Conference, Dallas, TX.

Kovachy, B. L., Robinaugh, D. J., Lincoln, S. H., **Parker, L.** & McNally, R. J. (November 2014). *Integrating memory for traumatic or highly stressful life events in the autobiographical memory network: Association with*

*posttraumatic stress disorder* [Poster]. Association for Behavioral and Cognitive Therapies (ABCT) Conference, Philadelphia, PA.

### **Invited Talks, Trainings and Workshops**

**Parker, L.E.** & Eom, K. (December 2021). *Foundations in trauma-informed care for school safety*. Training for new school officers: Session III, School District of Philadelphia, Philadelphia, PA.

**Parker, L.E.**, NeMoyer, A. & Goldstein, N.E.S. (November 2021). *Juvenile restitution in the literature*. Reimagining Restitution for Youth: A Community Dialogue, Virtual Session.

**Parker, L.E.** & DeYoung, L. (September 2021). *Foundations in trauma-informed care for school safety*. Training for new school officers: Session II, School District of Philadelphia, Philadelphia, PA.

**Parker, L.E.**, & DeYoung, L. (September 2021). *Foundations in trauma-informed care for school safety*. Training for new school officers: Session I, School District of Philadelphia, Philadelphia, PA.

Gardella, J., **Parker, L.E.**, Pastore, A., & Goldstein, N. E.S. (August 2021). *Positive School Safety Program coaches' training: A review of how to be a coach*. Professional development training for school officers, School District of Philadelphia, Philadelphia, PA.

Gardella, J., **Parker, L.E.**, Pastore, A., & Goldstein, N. E.S. (August 2021). *Foundations in trauma-informed care for school safety*. Professional development training for school officers, School District of Philadelphia, Philadelphia, PA.

Gardella, J., **Parker, L.E.**, Pastore, A., & Goldstein, N. E.S. (August 2021). *Positive School Safety Program: Trauma-informed school safety*. Professional development training for school officers, School District of Philadelphia, Philadelphia, PA.

**Parker, L. E.** (December 2017). *Community context and PTSD after injury: understanding the impact of the community contexts patients return to*. Harborview Medical Center Noon Conference, Seattle, WA.

Zatzick, D., Darnell, D., Russo, J., Heagarty, P., Whiteside, L., Wang, J., **Parker, L.E.**, Engstrom, A., Van Eaton, E., Palinkas, L. (April 2017). *Toward national trauma care practice change for PTSD and comorbidity: lessons learned from the TSOS pragmatic trial*. NIH Healthcare Systems Research Collaboratory Grand Rounds, Durham, NC.

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### **Professional Service**

Fall 2021 – present      **American Psychology-Law Society (Div. 41 of APA)**, *Campus Representative*  
Summer 2020 – present      **Diversity Advocacy Committee**, Drexel University, *Student Member*

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### **Professional Memberships**

Winter 2020 – present      **American Psychological Association of Graduate Students**  
Winter 2020 – present      **American Psychological Association**, *Student Member*  
Fall 2019 – present      **American Psychology-Law Society (Div. 41 of APA)**, *Student Member*

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### **Research Experience**

September 2019 -      **Juvenile Justice Research and Reform Lab, Drexel University**

*Master's Thesis: Rearrest and dropout: Understanding the roles of exclusionary school discipline and race in outcomes of students with and without Individualized Educational Plans*

- Designed an exploratory analysis of longitudinal school and police records to assess the mediating effects of exclusionary school discipline and the moderating effect of race on the relationship between student IEP status and 5 year recidivism and dropout outcomes
- Proposal: November 2021
- Committee Members: Naomi Goldstein, PhD (chair), Amanda NeMoyer, JD, PhD, Rachel Holzman, Esq.

*Graduate Research Assistant, Positive School Safety for School Climate Staff*

- Adapt the Positive School Safety Program coaching manual and training workbook for application to school climate staff
- Train and support school climate staff as coaches
- Coordinate a randomized controlled trial of the Positive School Safety Program for school climate staff across 100 schools in the School District of Philadelphia

*Graduate Research Assistant, Positive School Safety for School Officers*

- Co-develop Positive School Safety Program coaching manual and training workbook for school officers
- Conduct interviews with and survey school officers for feedback to inform the design of the Positive School Safety Program
- Coordinate the multi-year implementation of the Positive School Safety Program for school officers across the School District of Philadelphia
- Train and support school officer coaches
- Conduct trainings on the impacts of trauma and trauma-informed strategies for school officers

*Graduate Research Assistant, Juvenile Restitution and Economic Justice*

- Develop study protocols and data collection materials to evaluate the impact of eliminating the financial burden of restitution on justice-involved youth using a third-party payer

*Graduate Research Assistant, Philadelphia District Attorney's Office Initiative to Increase Youth Engagement in Diversionary Programming*

- Develop and conduct focus groups with justice-involved youth and families to understand facilitators and barriers to engagement with diversion programming
- Create a model for Philadelphia diversion programs to increase youth engagement with and completion of pre-petition diversion requirements
- Develop and administer a survey for diversion program case managers to understand which roles and responsibilities they prioritize

- Prepare report of the frequency and prioritization of case manager responsibilities for stakeholders
- Identify stakeholder diversion program outcomes of interest and develop recommendations for measuring and tracking outcomes through diversion programming data and intake systems

*Evaluator, Philadelphia Workgroup of the Disproportionate Minority Contact (DMC) Subcommittee of the Pennsylvania Commission on Crime and Delinquency*

- Administer pre- and post-surveys to youth and police recruits/officers participating in the DMC Youth/Law Enforcement Curriculum workshops
- Prepare reports to evaluate changes in attitudes and beliefs of police recruits and young people for stakeholders
- Prepare programming recommendations based on data analyses of trainings held across PA

*Research Assistant Supervisor*

- Co-supervise undergraduate research assistants in completion of lab projects including data entry and analysis, report completion, and literature searches.
- Lead weekly progress meeting and delegate assignments and responsibilities.
- Facilitate communication between supervisor, graduate students, and research assistants.

August 2018 -  
July 2019

**Trauma Survivors Outcomes and Support, University of Washington School of Medicine, Research Coordinator II**

Supervisor: Doug Zatzick, MD, Seattle, WA

*Study: A Policy Relevant US Trauma Care System Pragmatic Trial for PTSD and Comorbidity*

- Documented barriers to implementation of the study intervention across 25 trauma centers as identified by the coordinating center clinical supervision team.
- Coordinated with trauma program managers and trauma registrars to obtain data related to screening procedures and admission and injury information.

*Study: Emergency Department Longitudinal Integrated Care 2.0*

- Conducted outcome assessments with patients recruited at a Level 1 Trauma Center Emergency Department with heroin or other illicit opioid use or prescription opiate misuse.

*Study: Trauma Program Coordinator Survey 4*

- Co-developed and implemented research procedures for a national survey of level I and II trauma center trauma program coordinators to assess current practices and implementation readiness associated with screening and intervention for substance use, mental health concerns, and firearm related violence.
- Assisted with the development of survey questions and REDCap data capture system for survey administration.
- Co-developed an IRB protocol and informed consent procedures.

November 2016 -  
August 2018

**Trauma Survivors Outcomes and Support, University of Washington School of Medicine, Research Coordinator I**

Supervisor: Doug Zatzick, MD, Doyanne Darnell, Ph.D., Seattle, WA

*Study: A Policy Relevant US Trauma Care System Pragmatic Trial for PTSD and Comorbidity*

- Served as a lead coordinator for the coordinating center of a 25-site national trial of screening and early intervention for PTSD among traumatically injured inpatients related to 1) Enrolling trauma center providers in the study, 2) Training trauma center research staff in recruitment procedures, 3) Overseeing transfer and quality of patient enrollment and baseline data, and 4) Organizing and implementing a 1-day training plus weekly 1-hour supervision of clinical staff in the TSOS intervention at each site.
- Co-developed, with study PI and Co-I, materials for recruitment and intervention implementation, including the electronic data capture through REDCap.
- Worked closely with coordinating center PI and Co-I as well as site teams, including site PIs, regulatory personnel, recruiters, and multidisciplinary clinical teams (e.g., MSW, RN, ARNP, PA, PhD, MD) to oversee trial implementation.
- Coordinated and documented recommendations from weekly supervision of site clinical teams.
- Co-developed assessment tool for patient and provider-level adherence to the TSOS intervention and documented adherence using the tool.
- Served as a standardized patient actor to collect provider adherence to TSOS behavioral interventions with 71 providers.
- Assisted and provided back-up coordination for the regulatory coordinator through documentation of adverse events, documentation of PI follow-up with suicidal patients, and contributed to study reports (e.g., IRB, data and safety monitoring).
- Other duties included editing and co-authoring manuscripts and editing grants.

July 2016 -  
November 2016

**Trauma Survivors Outcomes and Support, University of Washington School of Medicine, Research Assistant**

Supervisor: Doug Zatzick, MD, Doyanne Darnell, Ph.D., Seattle, WA

*Study: A Policy Relevant US Trauma Care System Pragmatic Trial for PTSD and Comorbidity*

- Trained to conduct follow-up interviews with study patients.
- Scheduled follow up interviews with chronically difficult-to-reach population.
- Tracked participant loss and developed strategies to improve participant retention and engagement and developed reports reviewed at team meetings.

February 2013 -  
May 2014

**McNally Laboratory for Anxiety Disorders, Harvard University, Research Assistant**

Supervisor: Richard McNally, Ph.D., Don Robinaugh, Ph.D., Cambridge, MA

- Recruited and administered cognitive experiments with undergraduate and community participants to assess the construct of future orientation and memory richness.

- Transcribed audio recordings of participant narratives of hypothetical future events and coded transcripts using an existing system for assessing the richness of event descriptions.

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## Clinical Experience

August 2021 -  
present

**Delaware Psychiatric Center**, *Clinical Psychology Practicum Student*

Supervisor: Brian Simon, Psy.D., Sussex 1 Unit, New Castle, DE

- Provide individual and group therapy on an all-male, mixed acute/sub-acute unit for clients who have significant histories of aggressive and/or predatory behavior.
- Conduct and assist in preparation of comprehensive biopsychosocial assessments of new clients upon admission and annually for long-term clients.

Supervisor: Maureen Gordon, Psy.D., Sussex 3 Unit, New Castle, DE

- Provide individual and group therapy on an acute unit for a diverse client population, including individuals with a range of severe and persistent mental illness, with the goals of stabilization and discharge back into the community.
- Conduct and assist in preparation of comprehensive biopsychosocial assessments of new clients upon admission and annually for long-term clients.

July 2021 -  
present

**Forensic Assessment Clinic**, *Practicum Student*

Supervisor: Kirk Heilbrun, Ph.D., Philadelphia, PA

- Conduct forensic evaluations to address a variety of referral questions including juvenile decertification, federal sentencing, capital sentencing, competence to proceed, mental state at the time of the offense, personal injury, and independent medical evaluation
- Administer, score, and interpret assessment instruments, including measures of risk assessment, personality, psychopathology, intellectual/cognitive functioning, academic achievement, and malingering
- Author comprehensive reports for submission to attorneys

September 2020 -  
June 2021

**CB Community School**, *Clinical Psychology Practicum Student*

Supervisor: Paul Haughton, Psy.D., Philadelphia, PA

- Provided individual therapy for adolescents and young adults involved in the foster care and/or juvenile justice system enrolled at CBCS
- Conducted IEP testing for youth and provide feedback to youth, caregivers, teachers, and school staff
- Provided support to social services staff and special education teachers

June 2020 -  
June 2021

**Federal Reentry Court**, *Supervision to Aid Reentry (STAR) Clinician*

Supervisor: Kirk Heilbrun, Ph.D., Philadelphia, PA

- Provided individual therapy for individuals released from federal prison using a manualized criminogenic-CBT approach.
- Assisted in developing a manualized CBT-based intervention for individuals with serious mental illness involved in federal mental health court.



September 2015 -  
May 2016

**Carilion Roanoke Memorial Hospital, Care Management Intern**

Supervisor: Dawn Gentry, MSN, Roanoke, VA

- Developed structured staff orientations with educational and training materials for RN Case Managers, Social Workers, RN Utilization Reviewers, Care Management Administrative Assistants, and Care Management Project Managers.
- Compiled a directory of health-promoting community resources throughout VA and surrounding states.

June 2014 -  
August 2014

**Amirah, Program Intern**

Supervisor: Carmen Maianu, MSW, MBA, Boston, MA

- Facilitated *ad hoc* meetings to address conflicts between residents.
- Led a weekly 1-hour life skills groups covering high school equivalency test preparation and other academic and career development preparedness skills.
- Assisted with case management, ensuring residents were present for mental health and medical appointments and advocating for residents during medical and legal appointments.
- Coordinated a 30+ person volunteer base to provide meals and transportation and to lead specialty groups (e.g., dance, gardening, art).
- Managed program data used to assess program effectiveness (e.g., resident participation in within-program and outside groups, periodic drug tests, number and nature of negative incidents).

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## Teaching Experience

April 2020 -  
June 2020

**Drexel University, Psychology Department, Teaching Assistant: Psychological Testing and Assessment (Undergraduate Course), Philadelphia, PA**

- Graded written assignments.
- Provided technical and statistical support.

January 2020 -  
March 2020

**Drexel University, Psychology Department, Teaching Assistant: General Psychology I (Undergraduate Course), Philadelphia, PA**

- Proctored and graded exams.
- Assisted in preparation of class materials.

September 2019 -  
December 2019

**Drexel University, Psychology Department, Teaching Assistant: Abnormal Psychology (Undergraduate Course), Philadelphia, PA**

- Taught weekly lecture and lab activities.
  - Provided feedback on weekly written case study assignments.
  - Prepared materials for future TAs.
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